



Taste Berries for Teens 3: Inspirational Short Stories and Encouragement on Life, Love and Friends-Including the One in the Mirror (Taste Berries Series)

Jennifer Youngs, Bettie Youngs

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Bettie B. Youngs, Ph.D. and Jennifer Leigh Youngs have worked with hundreds of teens of various ages and backgrounds to get to the heart of real-life teen issues. This latest offering reflects what teens tell them is the staple of life-making, keeping and coping with friends finding someone special then dealing with makeups and breakups; and sorting through control issues with their parents. More and more, teens are concerned about friends facing a health crisis (such as AIDS or eating disorders), having a serious alcohol or drug problem, and how to help their parents with their problems. *Taste Berries for Teens 3* addresses these growing concerns through a combination of stories expressing teens' thoughts and the compassionate wisdom of Bettie and Jennifer Youngs.

Taste Berries for Teens 3 lightens things up with a new chapter chockful of little-known trivia that teens will find fascinating and fun and wraps up with a section called "Ask Dr. Youngs," where Bettie answers the most common questions she gets from teens in the areas of self-improvement, friendship, love and sex, grieving, rumors, harassment and parents. Her responses reveal her love for teens by providing real solutions and encouraging teens to talk to their parents or important adults.

This collection of stories and advice is inspiring, honest and compelling, and will support teens as they progress on their life journeys. *Taste Berries for Teens 3* is sure to be the next big success in this extraordinary teen series.

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