



Manuale dello yoga - L'uomo autore del proprio destino (Italian Edition)

Rama Shadana

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Ciascun'anima è divina in potenza.

La mèta è di manifestare questa divinità interiore, mediante il controllo e il dominio interiore ed esteriore della natura. Fate questo, sia con il lavoro, sia con il culto, sia con il controllo psichico, sia con la filosofia, con uno, con più o con tutti questi mezzi, e sarete liberi.

Questo è tutto il contenuto della religione.

Dottrine o dogmi, rituali o templi, libri o formalità sono soltanto particolari secondari.

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