



## Deprimida? Ungete de gozo! (Spanish Edition)

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# Deprimida? Ungete de gozo! (Spanish Edition)

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## **Deprimida? Ungete de gozo! (Spanish Edition)** Amber Nogueras

La depresión es un tema imprescindible de abordar. No es un secreto que las mujeres tienen la tendencia a dejarse llevar por estados depresivos. Esto se debe en parte a las distintas etapas y ciclos que se operan en ellas. En este libro la autora aporta con amor muchas sugerencias prácticas y bíblicas para ayudar a la mujer hispana a conquistar la depresión.

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