



# Life! By Design: 6 Steps to an Extraordinary You

*Tom Ferry, Laura Morton*

Download now

[Click here](#) if your download doesn't start automatically

# Life! By Design: 6 Steps to an Extraordinary You

*Tom Ferry, Laura Morton*

## **Life! By Design: 6 Steps to an Extraordinary You** Tom Ferry, Laura Morton

Are you one of the 123 million people in this world who is dissatisfied in your life? Do you run day-to-day on autopilot? Have you settled for “good enough”? Are risks just too risky? Are you living in a coma and don’t even know it? If you answered yes to any of these questions, then you are living by default and not By Design! This book will help you discover a passion for life that extends beyond your career and material success—a passion that involves your identity, your self-worth, your relationships, and your health. It is time to emerge from your coma, embrace renewed vitality, and approach life By Design!

In this dynamic hands-on guide, world-class success coach and motivational leader Tom Ferry reveals the secrets to achievement at work and at home, and how to create a greater balance between the two. This book will help you conquer the four addictions that are holding you back from living up to your greatest potential: addiction to the opinions of others, addiction to drama, addiction to the past, and addiction to worry. By becoming aware of these addictions, you will be better equipped to respond to uncertain times and to the challenges that crop up in your daily life.

Tom Ferry’s unique six-step approach to living By Design will help you emerge from complacency into action and accomplishment.

Step 1: Explore the Core Seven life assessments—your career, your intimate relationships, your finances, your physical body, your spirituality, your attitude about the world, and your intellectual self—and pinpoint the areas in which you want to improve.

Step 2: Make the conscious, deliberate choice to change your life and find fulfillment, no matter the obstacles.

Step 3: Create your Life! By Design by declaring what you want for yourself, defining your goals, and devising a concrete plan to make it happen.

Step 4: Identify the actions you can take to ensure that you thrive in all areas of your life.

Step 5: Visualize your life as you want it to be. This simple but profound exercise is a proven technique that will lock in your vision and will lead you toward achieving your goals.

Step 6: Create accountability and structure to break old habits and gain the discipline required to live life to your fullest potential.

It’s time to draw the line between the past and the present as you face your fears, and go for everything you really want. This is **Life! By Design**. And the results will astound you!

*From the Hardcover edition.*

 [Download Life! By Design: 6 Steps to an Extraordinary You ...pdf](#)

 [Read Online Life! By Design: 6 Steps to an Extraordinary You ...pdf](#)

## **Download and Read Free Online Life! By Design: 6 Steps to an Extraordinary You Tom Ferry, Laura Morton**

---

### **From reader reviews:**

#### **Robert Tyson:**

As people who live in the particular modest era should be change about what going on or info even knowledge to make them keep up with the era that is certainly always change and advance. Some of you maybe can update themselves by reading books. It is a good choice for you personally but the problems coming to a person is you don't know which one you should start with. This Life! By Design: 6 Steps to an Extraordinary You is our recommendation so you keep up with the world. Why, since this book serves what you want and need in this era.

#### **Herman Deans:**

Your reading sixth sense will not betray you, why because this Life! By Design: 6 Steps to an Extraordinary You reserve written by well-known writer who knows well how to make book which can be understand by anyone who else read the book. Written within good manner for you, dripping every ideas and producing skill only for eliminate your personal hunger then you still doubt Life! By Design: 6 Steps to an Extraordinary You as good book not only by the cover but also by the content. This is one publication that can break don't determine book by its protect, so do you still needing a different sixth sense to pick this kind of!? Oh come on your reading sixth sense already alerted you so why you have to listening to an additional sixth sense.

#### **Pat Tran:**

Reading a book to get new life style in this yr; every people loves to learn a book. When you read a book you can get a lot of benefit. When you read textbooks, you can improve your knowledge, since book has a lot of information into it. The information that you will get depend on what forms of book that you have read. If you want to get information about your research, you can read education books, but if you want to entertain yourself look for a fiction books, these kinds of us novel, comics, as well as soon. The Life! By Design: 6 Steps to an Extraordinary You provide you with new experience in reading a book.

#### **Ed Abraham:**

You may spend your free time to study this book this publication. This Life! By Design: 6 Steps to an Extraordinary You is simple to create you can read it in the playground, in the beach, train and also soon. If you did not possess much space to bring the particular printed book, you can buy the e-book. It is make you better to read it. You can save typically the book in your smart phone. Thus there are a lot of benefits that you will get when you buy this book.

**Download and Read Online Life! By Design: 6 Steps to an  
Extraordinary You Tom Ferry, Laura Morton #QCXG2H6P17S**

## **Read Life! By Design: 6 Steps to an Extraordinary You by Tom Ferry, Laura Morton for online ebook**

Life! By Design: 6 Steps to an Extraordinary You by Tom Ferry, Laura Morton Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Life! By Design: 6 Steps to an Extraordinary You by Tom Ferry, Laura Morton books to read online.

## **Online Life! By Design: 6 Steps to an Extraordinary You by Tom Ferry, Laura Morton ebook PDF download**

### **Life! By Design: 6 Steps to an Extraordinary You by Tom Ferry, Laura Morton Doc**

**Life! By Design: 6 Steps to an Extraordinary You by Tom Ferry, Laura Morton Mobipocket**

**Life! By Design: 6 Steps to an Extraordinary You by Tom Ferry, Laura Morton EPub**