



## After You

*Natascha McElhone*

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Natascha McElhone was away filming in LA, with her two sons and pregnant with her third child when she received news that her beloved husband, Martin, had died suddenly of a heart attack. Unable to accept this devastating loss, she began writing letters to her husband, telling him how she felt, and how she and her children were adapting to life without him. The result is "After You", a triumphant testament to the resilience of the human spirit. It is a profoundly moving tribute to Natascha McElhone's three sons, whose appetite for life led the author through her darkest moments, and to their remarkable father.

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