



Nutrition and Biochemistry for Nurses

Venkatraman Shreemathy, Suchita P Dandekar

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Nutrition and Biochemistry for Nurses has been designed to meet the requirements of B.Sc. Nursing students. The text has been written keeping in view the curriculum framed by the Nursing Council of India. Besides nursing students, it will also be useful to dental, physiotherapy, occupational therapy and pharmacy students. **SALIENT FEATURES**

- Comprehensive and Exhaustive Coverage
 - Text presented in short sentences, sometimes fragments, in the form of bulleted points
 - Easy-to-read simple language used for ease of comprehension
 - Numerous graphics, tables, diagrams and pictures provided wherever needed
 - Applied aspects of topics, e.g. recommended dietary allowances (RDAs), cookery rules and preservation of nutrients, balanced diet and role of nurse in nutritional programmes, etc., in nutrition and various investigations in biochemistry provided in sufficient detail
 - Chapter in a Nutshell, short summary, appended in the end of every chapter to help the learner quickly revise the chapter's content
 - Exam-oriented exercises provided to help students prepare themselves on the lines of the exam they are going to appear at
 - Clinical Applications Boxes-a feature provided to help students comprehend the importance of biochemical information in diagnosis and treatment of clinical problems
- What's New in the Second Edition**
- Recent developments in food standards
 - Ready reckoner of nutritive values of common foods
 - Several chapters revised to provide information on recent trends in clinical biochemistry
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