



Human Feelings: Explorations in Affect Development and Meaning

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Human Feelings provides a comprehensive overview of the role of emotions in human life. Growing out of the research and writing of members of the Harvard Affect Study Group, the volume brings to bear different disciplinary outlooks and different modes of inquiry on various aspects of human affective experience. The book opens with an section of "Theoretical Considerations" that includes an overview of affective development across the life cycle, an examination of affect and character, and an empirical analysis of gender differences in the expression of emotion. A series of clinical reports involving patients in different age groups comprises the next section, "Affect and the Life Cycle." Subsequent sections on "Trauma, Addiction, and Psychosomatics" and "Transformations of Affect" traverse the realms of neurobiology, addictive suffering, stress disorders, epistemology, creativity, and social organization. A final section, "New Directions," further extends the frontiers of inquiry into nonordinary states of consciousness and the vicissitudes of well-being.

An integrative collection of multidisciplinary sweep and scholarly integrity, *Human Feelings* is a readable source book that brings together rigorous theoretical and developmental studies, experientially vivid self-reporting, and a wealth of illustrative clinical material. An invaluable addition to the libraries of mental health professionals and developmental researchers, this volume will be illuminating for philosophers, social and political scientists, and lay readers as well.

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