



The Book of Survival: The Original Guide to Staying Alive in the City, the Suburbs, and the Wild Lands Beyond, Third Edition

Anthony Greenbank

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Newly revised edition by the author of the classic survival bible.

Too lonely... too crowded... too dry... too wet... too bright... too dark... too cold... too hot... too low... too high... too fast... too slow... too full... too empty...

It's never too late, says renowned survival expert **Anthony Greenbank**, if "whoever faces catastrophe takes a deep breath and makes up his mind to have a really determined go at beating the odds."

If you're caught in a calamity, the advice given in **The Book of Survival** can save your life. The suggestions are organized so you will remember them in a flash of cold clarity at the right moment. Forewarned is forearmed, and this book equips you with the knowledge necessary to fend off a stick-up artist, work out of ropes that bind you, use your facial muscles to prevent frostbite, start a fire with your camera, vault over an oncoming car, improvise a stove and a tent and much, much more.

The Book of Survival is a textbook for non-heroes, presenting a practical program for survival under any circumstances. It is a manual to read, re-read, remember and give to your loved ones.

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