



# Historical Aspects of Vegetarianism

*Leo Tolstoy, Lafayette B. Mendel, Walburga Paget*

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Vegetarianism, as the term is popularly understood at the present time, is a system of living which teaches that the food of man should be derived directly from the plant world. Considered in the light of its history, however, vegetarianism involves something more than a mere dietetic program...

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